

THE 5 TYPES OF DOMESTIC ABUSE

1

PHYSICAL ABUSE

Physical abuse is intentional bodily injury. Some examples include hitting, slapping, pinching, and choking. It also includes inappropriate drug use and denial of medical care.

2

SEXUAL ABUSE

Sexual abuse is the coercion or attempted coercion of any unwanted sexual contact or behavior. Examples include any unwanted touch, rape, coerced nudity, and sexually demeaning treatment.

3

EMOTIONAL ABUSE

Emotional abuse consists of deliberately causing mental or emotional pain, affecting how people feel. It decreases the victim's self esteem. Some examples include constant criticism, intimidation, coercion, ridiculing, and name-calling.

4

ECONOMIC ABUSE

Economic abuse is defined as making or attempting to make an individual financially dependent by maintaining total control over financial resources, withholding one's access to money, or forbidding one's attendance at school or employment.

5

PSYCHOLOGICAL ABUSE

Psychological abuse affects the victim's mental capacity. The reality of the victim is distorted. Examples of psychological abuse consist of gaslighting, making the victim seem crazy, and distorting memories and reality.