

HIGH BLOOD PRESSURE



Below you can find a list of symptoms to look out for. If you have high blood pressure these symptoms may be warning signs that you need to seek medical attention from a podiatrist.

SYMPTOMS:

- **CRAMPING IN THE LEGS AND FEET**

Especially if while exercising

- **SORES ON THE LEGS OR FEET**

- **CHANGES IN THE COLOR TO THE FEET**

- **LOSS OF HAIR IN THE FEET OR LEGS**